

**\*\*FOR IMMEDIATE RELEASE\*\***

April 23, 2007  
Redmond, WA

Contact: Joyce Paul  
Phone: 425-898-8040  
E-mail: [info@joycekpaul.com](mailto:info@joycekpaul.com)



*Realization through dance*  
Arpan's annual spring performance

**When?** Sunday May 6, 2007  
**Where?** Ethnic Cultural Theatre  
3940 Brooklyn Ave, Seattle, WA  
**Time?** 6:00 p.m. Doors open at 5:30 p.m.  
**Cost?** Admission free

Arpan, a premier performing arts organization in the Northwest, presents its first annual spring dance show, *Ehsaas 2007*. *Ehsaas* (meaning "realization" in Hindi/Urdu) features a medley of performances by the students of Arpan, including traditional compositions in Bharatanatyam (a classical dance form of South India) as well as creative pieces choreographed by them.

The event features a guest performance by Meera Krishna, a Carnatic classical vocalist and Bharatanatyam dancer in the Seattle area.

Spider Kedelsky, Director of Community Programs at Town Hall, Seattle has graciously agreed to be the guest of honor.

Arpan (<http://www.joycekpaul.com/>), located in Redmond, WA, is dedicated to the promotion of folk and classical traditions of India, including dance, music, folklore and traditional arts and crafts.

For more information please contact Joyce Paul at 425-898-8040 or [info@joycekpaul.com](mailto:info@joycekpaul.com).

**\*\*END\*\***